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## INTRODUCTION

Lack of awareness for OMM decreases understanding for possible treatment options for common clinic pathologies. Furthermore, patients may be aware of OMM, but do not have a full understanding of the therapeutic potential for common clinic complaints. Based on experience, few patients know of OMM and even fewer have been treated with OMT. Increasing awareness of the therapeutic potential and understanding of OMM can improve patient satisfaction, quality of life, and prevent unnecessary referrals to specialty.

## OBJECTIVES

Goal of project is to survey OSU outpatient clinic population to see how many patients know of and understand OMM and its therapeutic options.



\*IRB exempt\*

## RESULTS

Category	Number of Participants	Familiar with OMM	Not Familiar with OMM	Has had OMT
Male	151	25	125	23
Female	365	110	255	80
Non-Binary	2	0	2	0
Unknown	1	1	0	1
Total	519	136	382	104
Average Age	43.9	47.8	42.5	48.36

Category	Has not had OMT	Would you be Interested - Yes	Would you be Interested - No
Male	126	92	52
Female	283	259	97
Non-Binary	2	2	0
Unknown	0	1	0
Total	411	354	149
Average Age	42.69	46.25	37.85

## METHODS

Questionnaires were provided to patients in either English or Spanish across 3 OSU clinics.



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## CONCLUSION

This is part of a bigger project to increase exposure, awareness, and application to OMM/OMT at OSU clinics. This phase is to gauge awareness of OMM of our patient population across multiple clinics. Then the next step is to raise awareness and increase application of OMM/OMT. To do this, we plan to implement a brochure for 1-3 months, then repoll our existing clinics to gauge the response. There is also plans to improve our clinic note template for physicians to increase our efficiency in charting. Long term, we plan to create a sustainable awareness and education for residents and medical students to provide quality OMM care for our patients.

## REFERENCES

1. Chiropractor or Osteopath: Which Should You See? Accessed from <https://www.passionatepeople.inva care.eu.com/chiropractor-osteopath-see/>
2. Spine & Sport Physical Therapy – Accessed from <https://spinesportspt.com/>

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