

BALANCING BUDDY

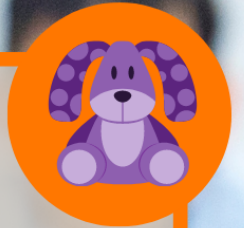
OBJECT OF THE GAME:

Balance your beanie baby for as long as you can!



WHAT YOU'LL NEED:

- 1 beanie baby per player
- Yoga mat or soft floor covering, if desired



INSTRUCTIONS:

Playing the Game: The game's leader will call out a yoga pose and choose where players should balance their beanie baby during that time (ex: balance the beanie baby on your head during tree pose, or on your knees during chair pose.) The player to balance the beanie baby for the longest time, wins that round! Continue moving through as many poses as desired.



Tree Pose



Chair Pose



Upward Dog



Triangle Pose



Warrior One

