

EASTER EGGS-ERCISES

OBJECT OF THE GAME:

Complete the activities in your eggs!



WHAT YOU'LL NEED:

- 12 plastic Easter eggs
- 1 empty egg carton
- Scissors
- Pen or printer



INSTRUCTIONS:

Setup: Write 12 exercises on a sheet of paper (ex: bunny hops, donkey kicks, hop on one foot, somersault.) Cut them into strips. Place one exercise in each egg.

Playing the Game: Players will take turns choosing eggs and completing the exercises in each one!

