

PUSH & PULL EXPERIMENT

OBJECT OF THE GAME:

Determine which is easier-- pushing or pulling under different conditions!



WHAT YOU'LL NEED:

- 3 items to push/pull (ex: little car, laundry basket, cookie sheet, skateboard, etc.)
- 1 jump rope
- A friend or favorite toy



INSTRUCTIONS:

Setup: Select 3 items that your child or their favorite toy can ride inside. If available, use different surfaces around your house (carpet, tile, grass, or even a blanket.)

Playing the Game: Players will experiment pushing and pulling a friend or their favorite toy in different items. Challenge them to try pushing higher or lower on the objects, wearing socks vs. bare feet, or using different surfaces like carpet vs. tile. Players will take notes and determine which is easiest and most difficult!

