

# SAC Agenda



**Date**  
17 Feb, 2026



**Time**  
12:00 - 1:00



**Location**  
North Hall 242, TQ Admin Conference, Zoom

All meetings are open to the public. Bring your lunch and join us!

## Agenda

## Topic

### Call to Order

- Elisabeth England

### Announcements from Committees

- **Administration / Facilities** – Kevin Holmes
  - Legislature is in session
  - FY27 Budget Development Meetings underway
- **Human Resources** – Tina Tappana
  - No Report
- **Information Technology** –
- **Wellness** – Kelsey Ashwood
  - Campus vs. Campus Step Challenge: Feb. 1<sup>st</sup> – 28<sup>th</sup> (virtual)
    - OSU CHS needs your help stepping up to the competition! Join our campus in competing against other universities in the area such as OSU Tulsa, OSU IT, OU Tulsa, NSU, TU, RSU, and more. Click [HERE](https://challengerunner.com/enroll/f385zn-57dc) [challengerunner.com/enroll/f385zn-57dc] to register and join your campus's team! Steps can be tracked using a phone or wearable device.
  - Mental Fitness: 2/18 in Tandy 171, LH 1, and Zoom from 12:00 – 12:50pm
    - Lasting change doesn't come from insight alone—it comes from building habits through daily practice. This presentation breaks down the science of how our brains work, introduces three key mental muscles for mental fitness, and includes an assessment to help you recognize how your brain may be sabotaging you.
  - Money Management for Medical Students: 2/25 from 12:00 – 12:50pm in Tandy 171 and LH 1
    - The Office of Financial Aid will show the AAMC's Money Management for Medical Students video. But don't let the title fool you—this session includes helpful tips for all members of campus!
  - Mind Over Matter Resilience Series: 2/26, 3/5, & 3/12 from 12:00 – 1:00pm in Tulsa
    - Mind Over Matter is a three-part workshop designed to help you better understand your reactions to stressful events and interact with those situations in a healthy to develop resilience. To attend this in-person, 3 part series, complete the registration form [HERE](https://surverymonkey.com/r/MMMRegister) [surverymonkey.com/r/MMMRegister]. \*\*Attendance at all 3 sessions is required.\*\*
- **Security** –
- **Division of Access and Community Impact** –

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### Executive Board

- **Secretary:** Brittany Paden
  - Reminder to Sign-in
- **Treasurer:** Matt Barnard
  - No Report
- **Vice President:** Vacant
- **Cherokee Nation Representative:** Sharon Fair
  - No Report
- **Clinic Representative:** Vacant
- **President:** Elisabeth England

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### Committee Chairs

- **Fundraising and Outreach Chair:** Vacant –
- **Rules and Procedures Chair:** Vacant –
- **Awards and Recognition Chair:** Vacant
- **Communications Chair:** Amanda Bullock
  - No Report

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### Roll Call

- Elisabeth England

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### Approval of Minutes

- Elisabeth England

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### Vote

- Tommy Simmons - Member
- Bridget VanFleet - Member
- Maddie Walker - Member
- Xan Bryant - Member
- Kim Jones - Member
- Taylor Wright - Member
- Micaela Hanna - Member
- Madison Hastings - Member
- George Romero - Fundraising Chair

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### Old Business

- Vacant Spots –
  - Rules & Procedures Chair
  - Clinic Representative Board
  - Fundraising and Outreach Chair
  - Description of each position is in the bylaws. Check today's calendar invite or grab a copy from the Secretary of SAC, Brittany Paden.

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### New Business

- President Announcement

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### Adjournment

Next meeting – March 17th, 2025, at 12 noon, North Hall 2nd Floor, Room 242 & Admin Conference TQ

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